



Health, Housing &
Community Services Department
Public Health Division

February 18, 2014

Dear Parent or Guardian:

Recently, a case of measles in an unvaccinated young adult has been confirmed in the Berkeley community. At this time, we do not have any confirmed cases in our Berkeley Unified School District community. Measles is a highly contagious disease and can cause serious illness, so we are taking this opportunity to advise parents about protecting their children.

Most people are protected because they have received the MMR vaccine, or have had measles. We recommend that parents review their children's vaccination records to ensure that they have received two doses of MMR (measles, mumps, and rubella) vaccine. The first dose is recommended at 12-15 months of age and the second at 4-6 years of age. Older children can be brought up to date at any time.

If your child has not had 2 doses of MMR vaccine, we recommend that you contact your health care provider and arrange to have your child vaccinated.

If unsure whether you or your child is protected, be alert for symptoms that begin with a fever, cough, and watery red eyes. A rash develops on the face and neck two to three days after the fever begins, and spreads down the body. If you develop these symptoms, contact your healthcare provider immediately. If you do not have a healthcare provider and need assistance please call the Nurse of the Day at (510) 981-5300.

If you have any questions please call the Berkeley Public Health Division at (510) 981-5300, Monday-Friday, 8:00 AM-12:00 PM and 1:00 - 5:00 PM. Additional information about measles can be found at: cdc.gov/measles/index.html

Sincerely,

Janet Berreman, MD, MPH
Health Officer

A Vibrant and Healthy Berkeley for All

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