



**American  
Red Cross**

# Be Prepared!



Learn

Learn how emergencies happen and how to stay safe when they do.



Practice

Practice what you learn so you'll be ready when an emergency happens.



Share

Share what you've learned so that everyone knows how to stay safe in an emergency.

The Pillowcase Project is a FREE interactive preparedness program designed for youth ages 8 to 11. Students learn the best ways to stay safe, how to handle stressful situations, and what tools they can use at home to prepare for emergencies. Students will decorate and personalize their own pillowcases, which serve as containers for a personal emergency supplies kit, and are encouraged to share what they've learned with friends and family.

**Sign up your 3<sup>rd</sup>-5<sup>th</sup> grader for the Pillowcase Project**

**Saturday, 3/18 from 12-1pm, at LeConte Elementary School- 2241 Russell St., Berkeley**

[www.cityofberkeley.info/prepfair](http://www.cityofberkeley.info/prepfair)