

Claremont EAP can help with:

- Marital/Relationship issues
 - Parenting/Family concerns
 - Substance abuse
 - Depression
 - Anxiety
 - Stress
 - Work concerns
 - Legal issues
 - Financial matters
 - Work/Life referrals
- ...and other personal concerns
- Licensed professional staff
 - Day and evening appointments
 - Assurance of confidentiality

Outpatient Counseling visits are insured by: Security Life Insurance Company of America Minnetonka, MN

Exclusions: The following are specifically excluded from coverage under the Policy:

- Care or treatment required due to a work related condition to the extent that a Covered Individual is also eligible for payments under any Workers' Compensation or similar law.
- Counseling that is not Pre-Authorized.
- Counseling rendered by any provider other than a Participating Provider.
- Court ordered counseling.
- Child custody determination.
- Psychological testing.
- Legal action taken against Covered Individual's employer, or any consultation related to Employment Law.

Limitations: Covered Individuals must notify Participating Providers of cancellations at least 24 hours in advance of the scheduled appointment. Failure to give timely notice of cancellation will result in forfeiture of the covered visit. You are eligible for coverage under the Policy if you are an Employee.

Coverage for a Covered Individual will end on the earlier of:

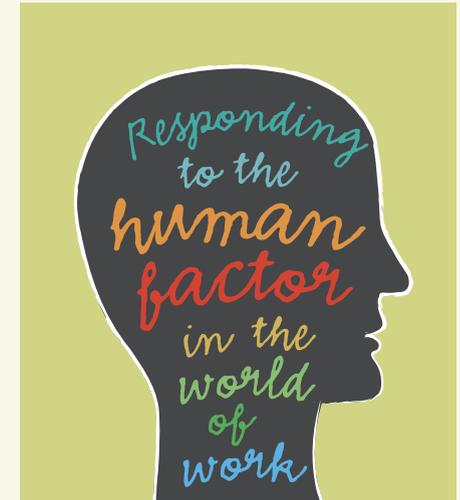
- The date the Policy terminates;
- The last day of the month in which the Covered Individual is terminated;
- The date any class of Covered Individual to which such person belongs terminates; or
- The date the required premium for the Covered Individual's coverage is not paid.

Termination of the Policy or any class of Covered Individuals by Us will be without prejudice to any expense incurred prior to the effective date of termination.

Preauthorization by Claremont is required prior to receiving services. A copy of the certificate is available for your review from your employer.

*For more information or
confidential help, contact
800-834-3773
www.claremonteap.com*

CLAREMONT EAP



CLAREMONT EAP

Employee
Assistance
Program

Claremont EAP services include:

Why this service?

Personal concerns can impact your work performance and overall functioning. The Employee Assistance Program (EAP) helps you resolve personal issues before they become more serious and difficult to manage. You and your eligible family members can receive professional, confidential counseling at no cost. The EAP also provides access to resources that can help you address virtually any personal concern or question.

Who provides the EAP?

Claremont is a firm of select professionals who can help you with life's challenges. You will be referred to a conveniently located counselor or resource with expertise in your area of concern.

Who will know?

The EAP is a confidential service. Claremont understands the importance of maintaining your privacy. Your involvement with Claremont is afforded the maximum confidentiality permitted under the law.

At what cost?

There is no cost to you or your covered dependents for EAP services. Ongoing counseling and other services are available at discounted rates.

What's the first step?

Call **800.834.3773** to discuss your question or issue with an experienced counselor who will refer you to the resources most appropriate for your needs.

Counseling visits

The EAP offers free short-term counseling visits for almost any personal issue. Our staff will work with you to find the most appropriate counselor to meet your needs.

- Marital/Relationship issues
- Parenting/Family issues
- Work concerns
- Depression
- Anxiety
- Stress
- Substance abuse
- Other issues impacting your quality of life

Work/Life referrals

Our Work/Life consultants can provide you with referrals and information for services such as:

- Child care
- Elder care
- Pet care
- Adoption assistance
- School/College assistance
- Health and wellness
- Convenience referrals

Confidentiality

Claremont understands the importance of protecting your confidentiality. Your involvement with Claremont is afforded the maximum confidentiality permitted under the law.

Legal consultation

Attorneys are available to answer your legal questions, either in-person or over the phone. We provide up to 30 minutes of free consultation per incident. On-going services, if required, are offered at a 25% discount. The EAP can assist with legal issues such as:

- Divorce
- Child custody
- Real estate
- Personal injury
- Criminal law
- Free simple will kits

Financial consultation

The EAP offers telephonic consultation on a variety of important financial issues, including:

- Budgeting
- Debt management
- Financial planning
- First time home buyer program
- Tax questions
- Identity fraud service
- Free credit report/review

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