



FOR PARENTS AND GUARDIANS:

Daily COVID-19 Symptom and Exposure Screening

(Updated 8.11.21)

*****CHECK YOUR CHILD EACH DAY BEFORE LEAVING HOME*****

QUESTION #1: Has your child had any symptoms listed below that are new or different from usual?

- Fever (100°F/37.8°C or higher) or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell (*Children may say that food “tastes bad” or “tastes funny”*)
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

If your child has any of the symptoms above:

- ⇒ Keep your child home from school
- ⇒ Contact your child’s doctor and ask for a [COVID-19 test](#) for your child
- ⇒ Tell your child’s school or program as soon as possible that your child is sick
- ⇒ Learn more: [Home Isolation Instructions](#) ([English](#) | [Spanish](#))

QUESTION #2: Was your child in close contact with someone with COVID-19 in the last 10 days?

If yes:

- If the exposure happened at school, **follow the instructions of your COVID Liaison** on when to return to school and when to get tested.
- If the exposure happened outside of school: keep your child **at home** for 10 days from their last exposure, and **notify your COVID Liaison**.

- ⇒ Learn more: [Home Quarantine Instructions](#) ([English](#) | [Spanish](#))