

BUSD At-Home COVID-19 Testing Spring Break 2022

Help slow the spread of COVID-19. Test before returning from spring break.

Step 1: TESTING MATERIALS will be sent home with students/staff.

- Each box contains 2 at-home COVID-19 rapid antigen tests.
- There are two brands of tests. They both work!



Step 2: PLAN your test days.

- Do not test if positive for COVID-19 in last 90 days.
- Use one test on Sunday evening or Monday morning, April 10-11.
- Use the other test at your discretion. Some ideas:
 - On Day 5 after exposure to a case, travel, or a large gathering
 - When symptomatic for COVID-19
- English/Spanish instructions are in the CareStart box. English instructions are in the iHealth box. [Click here for iHealth Spanish instructions.](#)

Step 3: SHARE your test results.

- SHARE test results via the Primary Health link sent to you over spring break.
- Not registered for free BUSD COVID testing? [Register at Primary Health.](#)

Step 4: STAY HOME and check with BUSD when any of the below is true.

- POSITIVE TEST: After uploading to Primary Health, email covidcase@berkeley.net for isolation instructions and a return date.
- EXPOSURE & UNVACCINATED: email covidcase@berkeley.net for quarantine instructions.

SYMPTOMS OR QUESTIONS?

- SYMPTOMS: If test is negative, can return once symptoms have improved and no fever for 24 hours (without using fever-reducing medication).
- QUESTIONS OVER BREAK? Email covidcase@berkeley.net for help.

Stronger Together.

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