

DRAFT

Objective: Bring IEP Counseling In House

There are multiple approaches to analyzing the benefits of bringing Educationally Related Mental Health Services into the Berkeley Unified School District and reducing our reliance on Alameda County providers when appropriate.

The first way is a fiscal breakdown of annual cost:

1. Fiscal Rationale

Provider	Average Rate/ Hour	Average Rate/Month
Alameda County	250	1,000
BUSD School Psychologist	80	240

-Approximate current cost of the 57 students identified with individual counseling services on their IEPs served by Alameda County contractor=Approximately \$684,000/year

-Approximate cost of 1 School Psychologists: \$127,332

- 3.0 BUSD School Psychologists= \$381,996

Approximate Cost Savings: \$302,004

2. Relationships with the Community

By streamlining services and providing counseling in house, the school psychologists who are already consulting and part of the school community can serve a larger number of students with their expertise in various learning styles and already existing team communication.

3. Best Practices (More than assessment and IEP counseling)

NASP Recommendation for Best Practice: 1:500 (Full Service School Psychologist Model)

The Role of a Full-Service School Psychologist

- Assessment

- **IEP Counseling (ERMHS)***
- COST participation
- **Short-Term Group Intervention (not necessarily SPED related)-lunch bunch, Circle of Friends, Coping Cat, etc.***
- Consultation
- Staff Training
- **Tier 2 focus-Check-In/Check-Out, PBIS, Short-term solutions-based therapy, and other evidence-based practices aimed at Tier 2***

4. School psychologists are trained in:

- Assessment
- Individual Counseling
- Group Counseling
- Parent Counseling/Consultation
- Prevention
- Academic Intervention
- Consultation
- Evidence-based practices

5. The Ask:

-We want to bring approximately 57 students with individual counseling served through Alameda County subcontractors to BUSD services.

-We will need 3.0 School Psychologists to serve the 57 students (Tier 3)

-Additionally, would like to add 2 School Psychologists interns and 4 Berkeley High School Social Work interns at a stipend of 5,000 each (\$30,000)--these services would provide Tier 1 and Tier 2 group counseling services.

Total Cost: \$381,996 + 30,000 =

Savings: \$272,004 a year