

BSEP

**Student Support:
Counseling and Behavioral Health**

**2023-24 Annual Plan
2nd Reading**

BSEP  **Excellence!**

**Planning and Oversight Committee
April 11, 2023**

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Counseling and Behavioral Health

Program Overview

1. PROGRAM MISSION and VISION

Students need guidance in many areas of their educational experiences. School counselors are a critical resource in terms of helping those students navigate academic challenges, as well as the social and emotional barriers that create those challenges. Middle school counselors support students during some of the most intense developmental periods of their youth, and are often their primary supports, chief advocates, and confidants when it comes to not only academic issues, but on “highly personal matters and individualized choices often fraught with challenge and complexity due to family, cultural, and contextual considerations” (Elias 2010).

2. BSEP MEASURE E1 STATED PURPOSE and USES

“Seven percent (7%) of the Available Revenues generated by this Measure shall be dedicated annually to providing programs designed to provide effective supports that help students reach their highest academic potential while addressing the needs of the whole child.

These revenues may be allocated to programs in any district-operated school for such purposes as **Counseling and Behavioral Health**, Family Engagement and Access, or Student Achievement Strategies to improve academic, behavioral and social-emotional outcomes for students.”

3. BSEP FUND USE SUMMARY

- 1.2 FTE Counselors Longfellow Middle
- 1.7 FTE Counselors Willard Middle
- 2.4 FTE Counselors King Middle

4. CHANGES FROM PRIOR YEAR

- No change from prior year

Counseling and Behavioral Health

5. BSEP BUDGET SUMMARY

Budget Summary for Counseling and Behavioral Health 2023-24
BSEP Measure E1 Resource 0764
03/14/2023

3/14/23
DRAFT

	2023-24
Revenue	721,843
Expense	
Middle School Counselors	665,462
Reserve for Personnel Variance	19,964
Indirect Cost	42,085
	<hr/> 727,511
Net Change to Fund Balance	(5,668)
Beginning Fund Balance	198,746
Net Increase/(Decrease) in Fund Balance	(5,668)
Ending Fund Balance	193,078

6. BUSD CONTEXT

In 2022-23, Site Title I or Site BSEP Funds were used to increase the counseling positions to a total of:

- 2.0 FTE at Longfellow (includes 1.2 BSEP)
- 3.0 FTE at King (includes 2.4 BSEP)
- 2.0 FTE at Willard (includes 1.7 BSEP)

It is to be determined how sites will utilize their funding for 2023-24. The School Plan for Student Achievement includes the use of site funds and will be approved by School Site Councils in Mid May 2023.

Counseling and Behavioral Health

Plan Narrative

Counselors at the secondary level in BUSD provide supports and services, including direct instruction in classrooms on life skills and decision-making, work with individuals and groups of students to raise awareness around educational options and career pathways, and support for families and students with academic and social/emotional dilemmas.

Counselors support students, families, and staff with free school based services to enhance students' success in school and to promote healthy development. Supports can include: Academic support, personal/social development, transitions, grief and loss, voluntary individual, group and family counseling/therapy, professional development in the social/emotional needs of adolescents, conflict mediation, case management and referrals to community resources, and Restorative Practices

Upon the return to school, counselors have been designing and implementing school-wide advisory lessons to address social-emotional learning. There is a district-wide collaboration once a month in addition to Professional Development days with teachers.

Equity, Access and Participation

MS Counselors continue to support the social and emotional needs of students so they can become academically proficient. In addition, the counselors continue to play a role on the Coordination of Services Team, participate in parent-teacher meetings, support student gender transitions, and students who are most vulnerable returning to in-person instruction.

The Counselors end up having a touchpoint with almost every student on campus, but spend the majority of their time with students who are the most disenfranchised and struggling. Counselors go to grade level meetings, look at academic data, engage with Coordination of Services (COS) Teams to discuss students with the RtI, Lit coach, grade level counselors and others. Counselors can focus on academics, on Restorative Justice, on social-emotional issues, and are creative in reaching target groups, such as a group at Longfellow for young men of color in coordination with Library services. After COVID, counselors have assisted students to reacclimate students to schools and address continuing social and emotional needs.

Representation, Diversity and Inclusion

In addition to the core counseling staffing, which includes multilingual staff, Interns are recruited to bring additional cultural and linguistic depth. For example, at Longfellow they have recruited four African-American interns, and one who is Arabic speaking, which is half of the team. It is important for students to see a diverse, collegial team, who look like them, are in college or already have advanced degrees, and are accessible.

Counseling and Behavioral Health

Program Measures

Counselors track attendance and grades, and behavior to see who needs the most support. They also track referral, interventions, supports and suspension using the district’s student data system. Moving forward, data collection and analysis can include looking at the role of attendance and interventions in student outcomes. Data can also be analyzed by subgroups to identify and address disparities in referrals and suspension.

Counseling is a service, a program, family engagement, and deeply embedded in the school community. The majority of the student body have had a touchpoint with a counselor at some point in some way, large or small. At Willard and King, counselors loop with the kids for all three grades. Social-emotional needs are going to be big in returning to campus - how to create relationships, wearing masks, etc. Counselors are co-writing social emotional curriculum through the advisory periods, and doing PD for teachers as well.

Counseling and Behavioral Health	2021-22
Access and Participation <i>Staffing Allocations, Offerings and Activities, Participation rates</i>	
Number of students receiving counseling services (measure under development)	TBD
Student survey on services received by counseling staff (measure under development)	TBD
Professional Capacity <i>Staff Qualifications, knowledge, capacity, skills, and Recruitment and Retention</i>	
Teacher survey on effectiveness of school-wide advisory lessons and district wide monthly collaboration sessions (measure under development)	TBD
Diversity, Equity and Inclusion <i>Policies and programs that promote the representation and participation of different groups of individuals, including people of different ages, races and ethnicities, abilities and disabilities, genders, religions, cultures and sexual orientations.</i>	
Referral and suspension data by subgroups as compared with overall school enrollment. To include data on ethnicity/race, English Learners, Special Education, and Socio Economic Disadvantaged (measure under development)	TBD