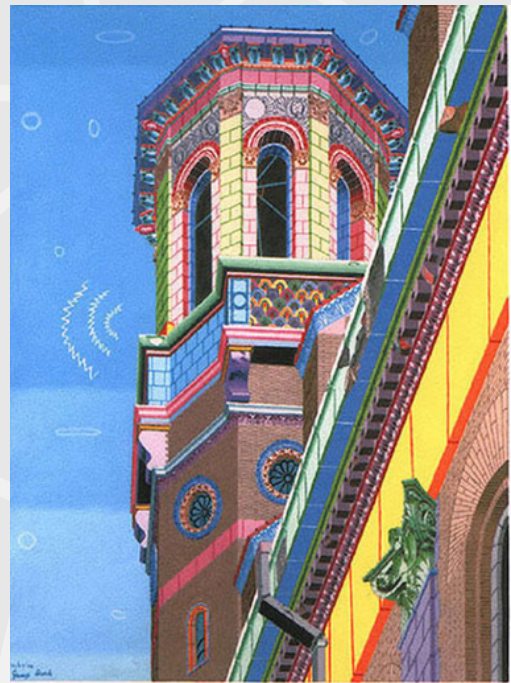


CELEBRATING DISABILITY AWARENESS AND HISTORY MONTH



Artwork by Jessy Park, artist with autism.

LISTEN

Listen to the lived experiences of people with disabilities.

- Podcast - [The Neurodivergent Woman](#)
- Podcast - [Throughline: ADA Now!!](#)
- Podcast - [Disability Visibility by Alice Wong](#)
- Documentary - [Excerpt from Crip Camp](#)
- Video - [Five Moore Minutes by Shelly Moore](#)
- Video - ["My ADHD Brain"](#)
- Podcast - [Throughline: We're Not Broken](#)

LEARN

Learn about disabilities, ableism, and the history of disability rights.

- Watch - [Disability Pride Month and the Disability Rights Movement | PBS](#)
- Read - [The Disability Pride Flag](#)
- Discover - [Local Activist Judith Heumann](#)
- Explore - [Inclusive Design Tools](#)
- Learn - [Haben Girma](#)
- Follow - [Blair Imani](#)
- Read - [Black Autistics Exist: An Argument for Intersectional Disability Justice](#)



Disability Rights Movement Protest for the Rehabilitation Act, 1973

LIFT UP

Celebrate inclusion with your family.

- Discover - [Eye to Eye Near-Peer Mentoring Program](#)
- Follow - [BHS Neurodiversity Club](#)
- Connect - [North Region SELPA CAC](#) and [BSPED Families](#)
- Celebrate - [Ed Roberts Day](#)
- Globalize - [WHO Disability Resources](#)
- Visit - [Into the Brightness](#), [Oakland Museum](#) and [This Camp Changed the World](#) at UC Berkeley Doe Library
- Display - [EveryBody: An Artifact History of Disability in America](#)