

Lifting Up Asian American and Pacific Islander Staff Voices



Kyoko Nakamoto

Cragmont Elementary
Instructional Assistant, Special
Education

Favorite Book: Factfulness

Favorite Food: Dark Chocolate

Favorite TV Show: Midnight
Diner

Favorite Performer: Yuzuru
Hanyu

**A few important things about my
cultural heritage:**

Itadakimasu: being thankful for food
and people who prepare food
before you eat. Gochisosama:
appreciation for food after
you eat Mottainai: don't be wasteful.



"My life has changed significantly, since arriving to the US more than 15 years ago, but there is something that will never change. I am still a Japanese woman who hesitates to insist on my opinion and instead, tries to read people's minds and tell them a preferable answer in the situation, which sometimes makes my life difficult, but I still love to be as I am. I am proud to be a Japanese-American."