THREE THINGS YOU CAN DO TO CELEBRATE LATINE/X HERITAGE MONTH **FAMILY GUIDE**

Compiled by Joemy Ito-Gates, Ethnic Studies Teacher on Special Assignment, BUSD



1.LISTEN

Listen to the Lived Experiences of Latine/x People

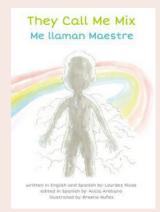
- SHORT READ on Latinx vs Latine
- SHORT READ on honoring LGBTQ2S+ voices during Latine/x Heritage Month
- BIOS of 9 Inspiring Afro Latine/x Women
- ARTICLE Growing up Latinx & Disabled
- VIDEO on Indigeneity and Latinidad
- ESSAY on Latinx & Jewish identity
- PODCAST Muslim & Latino from NPR

2.LEARN

Learn About Latine/x Cultures & Local Organizations

- <u>VIDEO</u> about SF's La Mezcla, Chicana dance troupe that blends son jarocho zapateado and tap dance (Zapatap!)
- VIDEO of LGBTQ2S+ youth speaking about what Latinx Heritage Month means to them
- MINI-BIOS of Central American Leaders
- Latinos Unidos de Berkeley
- La Peña Cultural Center
- Multicultural Institute





Book by Lourdes Rivas. Sylvia Mendez Teacher **Click HERE to** watch a video of Mx Lourdes read their book in Spanish!

3.LIFT UP

Lift Up and Celebrate Latine/x **Culture With Your Family**

- ATTEND the OMCA Dia de los Muertos celebration on 10/27/24
- BOOK LIST from Berkeley Unified School District Library Team
- ENJOY music by José-Luis Orozco
- COLOR pages of famous Latinx people
- VIRTUAL FIELD TRIP to the Smithsonian Latino Museum
- BILINGUAL RESOURCES from Berkeley Public Library

