

THREE THINGS YOU CAN DO TO CELEBRATE ARAB AMERICAN & SOUTH ASIAN, SOUTH WEST ASIAN, NORTH AFRICAN (SSWANA) HERITAGE MONTH BUSD FAMILY GUIDE

Compiled by Joemy Ito-Gates, Ethnic Studies TSA for Berkeley Unified School District in collaboration with Arab American & SSWANA community members



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1. LISTEN

Listen to the Lived Experiences of Arab American & SSWANA People

- [YOUTH GUIDE & POSTER](#) created by Arab Resource & Organizing Center youth leaders
- [VIDEO](#) Fireworks at Sea: The Power of Yemeni American Women
- [VIDEO](#) "Takalam! Oakland Arab Youth Speaking Up!"
- [PODCAST](#) The Queer Arabs Podcast
- [VIDEO](#) Arab, How You See Me

2. LEARN

Learn About Arab American & SSWANA History and Local Organizations

- [OVERVIEW TEXT](#) Arab Americans: History, Culture, and Contributions
- [LIST](#) of Arab American & SSWANA heritage people to know
- [VIDEO](#) the Islamic Golden Age of Science
- [VIDEO](#) The Ethiopian Jews of Israel
- [WEBINAR](#) Anti Black Racism in Southwest Asian and North Africa + Diaspora
- [Arab Resource and Organizing Center](#)
- [Berkeley South Asian Radical History Walking Tour](#)
- [CAIR Bay Area](#)
- [Center for Middle Eastern Studies at UCB](#)
- [Golden Thread Productions](#)
- [Middle East Children's Alliance](#)
- [The SSWANA Initiative at UCB](#)

[BUSD Reading List for Arab American & SSWANA Heritage Month](#)



Portrait of Fatima Ahmed Ibrahim, Sudanese politician and women's rights activist by Nourie Flayhan

3. LIFT UP

Lift Up and Celebrate Arab American & SSWANA Cultures With Your Family

- [VISIT](#) the virtual gallery tours at the Arab American National Museum
- [LEARN](#) Dabke with AlJuthoor Dabke
- [ENJOY](#) videos of English and Arabic story time from the Arab American National Museum
- [MUSIC VIDEO](#) "Love Them Anyway" by student activist, Faiza Almontaser
- [ARABIC & FRENCH](#) songs by Leila Milki
- [LEARN](#) about the world's oldest university, The University of Al-Qarawiyyin in Morocco, which was founded by Fatima al-Fihri