

# ARAB AMERICAN & SSWANA HERITAGE MONTH TK-12 TEACHING RESOURCES

Compiled by Joemy Ito-Gates, Ethnic Studies TSA in collaboration with Arab American and SSWANA community members



Yazan Mesmar

**"Arab" is an ethnic category defined by being from or having heritage from one of several Arabic-speaking countries in Southwest Asia or Northern African and identifying as Arab.**

**"SSWANA" means South Asian, South West Asian, North African.**

- **VIDEO** Are Arabs 'White'? AJ+
- **VIDEO** Arab, How You See Me
- **VIDEO** Arab American Visibility
- **ARTICLE** from Newsela "Who are Arab Americans?"
- **VIDEO** the Arab American Experience



Dignidad Rebelde

## EXPAND KNOWLEDGE

- **YOUTH GUIDE & POSTER** created by Arab Resource & Organizing Center youth leaders
- **OVERVIEW TEXT** Arab Americans: History, Culture, and Contributions
- **VIDEO** Arab Youth Speak Up
- **WEBINAR** Arab American Heritage Month
- **WEBINAR** Celebrating the Power of Educators
- **VIDEO** the Islamic Golden Age of Science
- **VIDEO** about the world's oldest university, The University of Al-Qarawiyyin in Morocco, which was founded by Fatima al-Fihri
- **VIDEO** How Arabic Influenced Languages Around the World



Suhaib Attar

## GET INTERSECTIONAL\*

- **WEBINAR** Anti Black Racism in Southwest Asian and North Africa + Diaspora
- **ARTICLE** Black Iranians, We Are Part of the Tapestry
- **LIST** of 12 Amazing Arab American Women You Need to Know About
- **MINI-BIOS** of Black SSWANA artists
- **VIDEO** Fireworks at Sea: The Power of Yemeni American Women
- **OPEN LETTER** to Queer Muslim Youth in American
- **PODCAST** The Queer Arabs Podcast

\*Intersectional is a term coined by Kimberlé Crenshaw



## ARAB AMERICAN & SSWANA HERITAGE PEOPLE TO KNOW

### EXPLORE

- VISIT the virtual gallery tours at the Arab American National Museum
- WATCH videos of Zawaya, Arabic Arts organization ASWAT concerts
- WATCH videos created by the Arab Film and Media Institute
- ENGAGE with digital collections from the Arab American National Museum
- VIDEO on How Arabs Have Influenced American Music
- Nisha K. Sethi, Berkeley visual designer specializing in typography and hand-painted signs
- Mona Haydar, hip hop artist and activist
- Rashida Tlaib, U.S. representative for Michigan's 13th congressional district
- Alaa Salah, human rights activist
- Ester Rada, musician, songwriter, and actor
- Hana Ahmed Raza, wildlife conservationist
- Linda Sarsour, human rights activist, a former executive director of the Arab American Association of New York, a co-chair for the Women's March
- Haaz Sleiman openly gay actor
- Leila Milki, singer and songwriter
- Céline Semaan, sustainable fashion activist and educator
- DJ Ahmed, Bay Area DJ
- Dr. Farouk El-Baz, space scientist who worked widely with NASA on the Apollo missions
- Huda Zoghbi, ground breaking geneticist
- Sammy Obeid, former math teacher and Oakland comic
- Dr. Mona Hanna-Attisha, pediatrician who uncovered the Flint water crisis
- Helen Zughaib, artist
- Felukah, hip hop artist
- Edward Said, academic and founder of the field of post-colonial studies
- Maryam Mirzakhani, celebrated mathematician and the first woman recipient of the "nobel prize" of mathematics
- Adah Almutairi, one of Forbes top ten most influential female Engineers in the world
- Kahlil Gibran, writer, poet, third best selling poet of all time
- Chris "C" Gazaleh, Bay Area muralist
- Amir Ashour, founder of IraQueer
- Muhammad al-Khwarizmi, mathematician who invented algorithms

**Classroom**

**Posters:**

8.5x11

11x17





# CURRICULUM

- [SLIDE DECK](#) What Does it Mean to be Arab American?
- [PDF LESSON](#) by BUSD Student on Yemeni culture
- [LESSONS](#) elementary and middle school lesson plans by Arab American Museum
- [RESOURCES](#) for building background knowledge by Teach Mideast
- [RESOURCES](#) by Share My Lesson for Arab American Heritage Month
- [CURRICULUM KIT](#) by Arab America
- [POSTERS](#) of Arab American women (free)
- [VIDEO](#) Why Is Writing So Important in Islamic Art?
- [ARTICLE](#) How to Support Students During Ramadan
- [ARTICLE](#) by Louise Derman Sparks & Merrie Najimy

**BUSD Book List & Arabic and English Story Time**

- [BOOKLIST](#) from BUSD Library Services
- [LESSONS](#) for many books in our libraries and on the BUSD booklist
- [VIDEOS](#) of English and Arabic story time from the Arab American National Museum (Scroll down for several videos)

# LOCAL ORGANIZATIONS & PROGRAMS TO LEARN ABOUT

- [Arab Resource and Organizing Center](#)
- [Berkeley South Asian Radical History Walking Tour](#)
- [CAIR Bay Area](#)
- [Center for Middle Eastern Studies at UCB](#)
- [Golden Thread Productions](#)
- [Middle East Children's Alliance](#)
- [The SSWANA Initiative at UCB](#)

# BEAUTIFUL BOOKS



Click on the book covers for lessons, videos, and more!

