

THREE THINGS YOU CAN DO TO CELEBRATE ASIAN AMERICAN & PACIFIC ISLANDER HERITAGE MONTH

BUSD FAMILY GUIDE

Compiled by Joemy Ito-Gates, Ethnic Studies TSA in collaboration with BUSD AAPI Members



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1. LISTEN

Listen to the Lived Experiences of AAPI People

- [VIDEO](#) Queer, Muslim, & South Asian
- [VIDEO](#) What Pacific Islanders Want You to Know
- [VIDEO](#) LUNAR: Jewish Enough. Asian Enough.
- [VIDEO](#) What Mixed Race Asians Will Never Tell You
- [ARTICLE](#) On Being Black and Asian American
- [VIDEO](#) Alice Wong: Making Space For More Disabled Asians
- [PODCAST](#) interview of Joemy Ito-Gates, Multiracial Japanese American Ethnic Studies TSA for BUSD
- [ARTICLE](#) 'I'm not allowed to feel those things': How adoptees experience anti-Asian hate



Portrait of Haunani-Kay Trask by Melanie Cervantes, Bay Area Artist

2. LEARN

Learn About the AAPI Experience & Local AAPI Orgs.

- [VIDEO](#) Are You "AAPI" or "Asian American"? It's Complicated (Why Ethnic Studies Matters)
- [ARTICLE](#) Why It's Time to Retire the Term Asian Pacific Islander
- [ARTICLE](#) These Activists Coined the Term "Asian American" (Emma Gee & Yuji Ichioka were from Berkeley!)
- [ARTICLE](#) 11 Moments from Asian American History That You Should Know
- [ARTICLE](#) How to Talk to Children About Anti-Asian Hate
- [AAPI Women Lead](#)
- [API Queer Women Transgender Community](#)
- [Asian Health Services](#)
- [Berkeley South Asian Radical History Walking Tour](#)
- [East Bay Asian Youth Center](#)
- [Filipino Advocates for Justice](#)
- [Legacies of the Pacific](#)

3. LIFT UP

Lift Up and Celebrate AAPI Cultures With Your Family

- [ENJOY](#) Proud of Your Eyes Song
- [READ](#) books about and by AAPI people
- [EXPLORE](#) the Asian Art Museum virtually or in person in San Francisco
- [CELEBRATE](#) AAPI Month at the Berkeley Public Libraries live in-person events
- [WATCH](#) Asian American Storytopia storytelling videos
- [ATTEND](#) events at the Oakland Asian Cultural Center
- [STAY TUNED](#) for Oakland Night Market events
- [EXPLORE](#) the Here Lived map from Berkeley Historical Society